Trauma-Informed Communities throughout Allegany County (TICTAC) Coalition Meeting

Monday, March 22, 2021 @ 9 am VIA a Zoom Meeting

Present: Helen Evans, Angela Tinder, Robin Fuller, Jose Soto, Abigail Shea, Michelle Rickicki, Casey Jones, Haylie Scheer, Kathy Morehouse, Laura Young, Edna Kayes, Gwen Cooper, Suzanne Krull, Bob Starks, Kerri Potter, Jane Foster, Lindy White and Heather Kruger.

Called to Order: 9:02 am

Adjournment: 10:14 am

1. Introductions/ Sign-In/ Welcome New Members
   * Who is your hero?

* Teachers
* Successful women
* Grandparents
* Parents
* Significant others
  + Minute taker – Heather Kruger

1. Approval for the February 2021 Meeting Minutes
   * Gwen Cooper motioned to approve the minutes from the February 2021 meeting with Angela Tinder providing the second motion to approve. All in favor.
2. Old Business
   * Co-Creating Well-Being Grant Update-
     + Had a final assistance meeting with the funder. Impressed with how far TICTAC has come along. Recognize the work that has been done. Had first coaching session last week. Focus seems to be how to apply trauma focus to the work that were doing. The checklist was great.
   * Committee Updates/Planning
     + Trauma Care Resources
       1. Patient/Client Satisfaction Survey
     + Education
       1. Who do our audiences need to be? Not only professional but community wide. Keep building social media platform and radio outlets and podcasts. Identify more places where we need to do more education. Will meet again in April to discuss our plan moving forward. Did discuss a train the trainer program.
     + Executive
       1. Will be meeting this week.
3. New Business

a. What would a trauma-informed Allegany County look like?

* Any type of community – not just geographic, but any group that comes together
* Collaboration – individual working with multiple agencies that take a compassionate approach
* See families in a more comprehensive way; no more silos. Families are a system and we work to meet family needs
* Educational approach – helping professionals focus on families
* Build an economy that supports families toward independence and resiliency
* Connections with positive role models – welcoming and supportive
* Opportunities to build relationships
* Build community within families; strong families
* Person-Centered and Community-Centered approach – go to a micro approach
* Community would understand what trauma is and how that impacts community. Stop putting band aides on issues without focusing on the underlying trauma
* Move from government/agencies being the answer to empowering families and individuals
* People in the community feel supported by the community when there is a need
* Being okay to acknowledge and talk about adversary to encourage healing
* Not re-traumatizing but laying foundation for a health community
* Helping people to find supports beyond gamily when the family is not ready for healing
* Perseverance for the journey; not a destination

1. How might we build a trauma-informed Allegany County?
   * Ask families and communities what they really need, what would help them to be successful
   * Neighbors helping neighbors – building community and support
   * Random acts of kindness
   * Mutual aid networks – organizations kindle grassroots
   * Expand group to include community members – lived experience
   * Blog on Clarity webpage – a place for people to tell their story
   * Build acceptance in the community
   * System refocus to address systemic barriers and issues
   * Affirm healing and acceptance
   * Welcoming, family – friendly sites for connecting
   * Giving people who lived with trauma a voice

1. Member’s Choice

* Child Advocacy Center – April is Child Abuse Awareness month. Wear blue on Fridays and they have the pinwheel campaign coming up.
* Accord is hosting a food distribution on 3/24/21 @ 3pm at the Wellsville Campus
* Allegany Hope is trying to expand the community news
* Wellsville Sun- new media source
* Cuba Cultural Center is having some food distributions and they are all posted on their site

1. Next Meeting
   * Monday, April 26, 2021 at 9 a.m. VIA a Zoom Meeting.
2. Adjournment at 10:14 a.m.