Trauma-Informed Communities throughout Allegany County (TICTAC) Coalition Meeting

Monday May 22, 2023 @ 9 am VIA a Zoom Meeting

Present: Jonah Crump, Helen Evans, Heather Kruger, Nikki Medler, Anne Miles, Kerri Potter, Lyndi Scott-Loines, Angela Tinder, Lindy White, Belinda Knight, Vicki Grant, Danielle Kielar, Edna Kayes, Jennifer Morgan-Burt, Anita Mattison, Larissa Jacobs, Scott Hallock, Suzanne Flierl, Ashley Kim, Chad Sebastian, Rachel Trudell, Jordan Pruitt, Jon Chaffee.

Called to Order: 9:01 am

Adjournment: 10:30 am

1. **Introductions/ Sign-In/ Welcome New Members**
	* Minute taker – Heather Kruger
	* Introductions
2. **Approval of Minutes**
	* Belinda Knight motioned to approve the minutes from the April 24, 2023 meeting with Vicki Grant providing the second motion to approve. All in favor

1. **Old Business**
2. Co-Creating Well-Being Grant Update
3. Coordinator Report-
* TICTAC Champions Program: This past unit our champions focused on their “elevator pitch” when introducing trauma informed care and initiating trauma informed care organizational change. Our community tracked people focused conversations on defining their community and how do we ignite community change? I presented a slide going into detail how our coalition approaches and interacts with the community. We began discussing their projects.
* Co-Creating Wellbeing: Helen and I attended the older adult conference in Dallas at the beginning of the month as part of the Health Foundation for Western and Central NY’s older adult trauma learning collaborative. We will be meeting as a group in June to follow up with the other members of the group to decide the next steps and reflect on the conference. Through co-creating wellbeing we have also begun connecting with the other grantees as part of a learning group. We have met twice with 2 co-facilitators of the group. These discussions have been centered around Collective Impact and Results Based Accountability. Monique Fletcher, one of the facilitators, will be joining us for the retreat in June.
* Upcoming Trainings: 4th Wednesday Workshop May 24th, 2023 12pm-1pm and The Resilience Film Screening June 1st 5pm-7pm
* Met with Alfred State. They are interested in getting some formal membership in the coalition. Interested in doing staff development.
1. Committee Updates/Planning
2. **Executive Team**
* Trauma Awareness Month (May)
* Yard signs are in if you need some get ahold of Jonah
* Proclamation- 5/24 at 2pm legislative meeting anyone is welcome to join
* Viewing of the Resilience Movie on 6/1 from 5pm-7pm at the Wellsville Library
* Working on the work plan. Wrapping up 2023 and starting 2024
* TICTAC retreat 6/14/23 3-4 hour session. Everyone share their own goals
* Developing charter for executive committee
1. **Education Committee**
* Develop next training series with Boces. Education based trauma series
* Still looking for a list of therapist within the county. Angela suggested looking at Psychology Today, it has a therapist tool and you enter the zip code for the area your looking for
1. **New Business**

a. TICTAC Retreat-

* June 14, 2023 from 8am-12pm either at the Wellsville Country Club, Cuba VFW or Opera House. Looking at bringing in outside facilitator. Focus would be on What is a Trauma Informed Community. Will be sending out a pre-packet and include a timeline on where TICTAC started and where it’s at now.
1. Trauma Awareness Month
* Road Signs are available, reach out to Jonah if you would like one
* Proclamation on 5/24/23 at 2pm
* Resiliency Screening on 6/1/23 from 5pm-7pm at the Wellsville Library
* 4th Wednesday workshop on 5/24 from 12pm-1pm
1. Social Norms Approach to Prevention- Angela Tinder
* Dr. Wesley Perkins speech on Social Norms. Talkitover.org helps with information for parents to have a proper conversation with children around drug and alcohol use
1. Collective Impact- Table for next meeting
2. **Member’s Choice**
3. **Next Meeting- June 26, 2023; 9:00-10:30a.m.**
4. **Adjournment at 10:30 a.m.**