Trauma-Informed Communities throughout Allegany County (TICTAC) Coalition Meeting

Monday November 22, 2021 @ 9 am VIA a Zoom Meeting

Present: Helen Evans, Gwen Cooper, Scott Hallock, Kerri Potter, Kathy Morehouse, Angela Tinder, Heather Kruger, Teresa McMahon, Danielle Kielar, Ann McNeill, Lindy White, Vicki Grant, Abby Shea, Anne Miles, Michelle Rickicki, Belinda Knight, Jose Soto, Suzanne Krull, Laura Young, Ann Weaver, Brent Schlaffer and Kathy Morehouse.

Called to Order: 9:03 am

Adjournment: 10:15 am

1. **Introductions/ Sign-In/ Welcome New Members**
   * Minute taker – Heather Kruger
   * Introductions for new members
2. **Approval for the October 2021 Meeting Minutes**
   * October minutes were not approved.
3. **In-Service – Officer Brent Schlaffer and Teresa McMahon**

* Spoke about the “8 Dimensions of Wellness” which is a training where an officer and a mental health clinician come together to teach wellness. This includes 1st responders, law enforcement, firefighters and paramedics. They help to break down the barriers so people can ask for help. Helps them to learn how to deal with trauma. This training has been presented at the police academy, first responders and the criminal justice class at BOCES.
* TICTAC can help by marketing and getting the information out there.
* The training is about 4-5 hours which is broke down in 2 days.
* Any questions regarding this can reach out to Teresa McMahon 607-382-2099 or mcmahonteresa@hotmail.com.

1. **Old Business**
2. Co-Creating Well-Being Grant Update

* TICTAC Champions Update- The TICTAC Champions graduation will be December 7,2021. It was originally being held in-person but due to the spike in COVID it will be held virtual now. You should have received an email with a link to register and also the guidelines.

1. Committee Updates/Planning
2. **Trauma Care Resources** – Nikki Scholes

* No one present to report

1. **Education**

* There will be a TICTAC training session to complete the website and present to the community. There will be 3 sessions starting in January which will be held the 4th Wednesday of every month. The training will be “Understanding ACES”.
* Will be presenting to the county legislators on January 24, 2022.
* The “onecaringadult” website has all 17 fact sheets listed on the website
* Contacted Kim Strausser at ACASA to possibly see about having the Trapping Brook House do volunteer work to help put together the cards.
* Still looking for some information for a few of the cards: E-Cigarettes & Vaping, Alcohol & other-drugs. Please include the source if you send information on these.
* Looking at having videos created. Would be local providers and TICTAC members. Videos would be about 2-3 minutes long explaining about the cards.

1. **Executive**

* Discussed about the Champions graduation
* At the next meeting look at the 2022 work plan, committee structure and drafting code of conducts.

1. **New Business**
2. **Next Meeting**
   * We will NOT be having a meeting in December.
   * Monday, January 24 ,2022 at 9 a.m.
3. Adjournment at 10:15 a.m. Motioned by ?.